

Numeric Rating Scale (NRS)

NRS Use: Have the patient point to or state the number that best shows how bad his or her pain is NOW.

NRS Scoring: Document the numerical value indicated by the patient. Evaluate the pain intensity over time to determine the effectiveness of pain treatments and need for changes in treatment.

Numeric Rating Scale (NRS)

Point to the number that best represents the intensity of your pain NOW

 10 Worst possible pain
 9
 8
 7
 6
 5 Moderate pain
 4
 3
 2
 1
0 No pain

